

CO₂RE Intima Patient FAQs



What are women talking about?

Regardless of age, women can experience changes in vaginal wellness or appearance that can affect quality of life in unexpected ways, leading to unpleasant symptoms.

What is CO₂RE Intima?

CO₂RE Intima is a new, in-office, non-surgical treatment that uses laser energy to treat the symptoms women may be experiencing. CO₂RE Intima is a medical laser that delivers controlled CO₂ energy to the vaginal or vulva tissue – so cells make more collagen – improving skin tone, texture and appearance.

Has the CO₂RE Intima been clinically studied?

Recent results from a hospital-based trial, evaluating vaginal rejuvenation laser treatment on premenopausal women, shows positive results and a high patient satisfaction rating for cosmetic improvement and enhancement in sexual functioning¹. A multi-site study is currently ongoing in the USA to evaluate the laser treatment on postmenopausal women, who are experiencing gynecologic wellness issues, and is being conducted by Dr. Martin Garcia, a board-certified Obstetrician/Gynecologist specialist in women's gynecological health, endocrinology and infertility at Garcia OB/GYN Associates in Florida, Dr. Julene Samuels, a board-certified Plastic Surgeon and Associate Clinical Professor of Plastic Surgery at the University of Louisville in Kentucky and Dr. Lori Warrens, an Obstetrician/Gynecologist and Associate Professor of Gynecology at the University of Louisville in Kentucky.

I have read about other vaginal treatment; why is CO₂RE Intima better or different?

CO₂RE Intima is a module of the CO₂RE device which treats all three areas of a women's intimate needs (external, internal and introitus) and with hygienic, single-use hand pieces, thereby assuring women of the results and hygiene they expect for treatments to their most intimate area. Additionally, CO₂RE Intima utilizes a CO₂ laser. CO₂ lasers have been proven to remodel tissue with neof ormation of collagen and elastic fibers in atrophic skin². CO₂ technology also provides physicians with the ability to treat both superficial and deep skin layers simultaneously and with the precision control they need over the intensity, pattern and depth of ablation which is very important for treatments to this intimate area.

Where can I have the CO₂RE Intima treatment done?

CO₂RE Intima is a quick, simple and safe procedure that can be done in your physician's office. The procedure is typically performed by an obstetrician/gynecologist, plastic surgeon, dermatologist or laser specialist.

What does the procedure feel like?

The in-office procedure is virtually painless, requires no anesthesia and typically takes around 15 minutes to treat both internally and externally.

Is the procedure safe? Are there risks to laser treatment, especially in the vaginal area?

The CO₂RE device has FDA clearance for a range of gynecological and genitourinary indications. CO₂RE Intima offers solutions for a range of intimate aesthetic procedures. Treatments are safe and effective with mild to no discomfort, and with little downtime. As with all laser treatments, it is important to find an experienced healthcare professional whom you can trust.

How many treatments does it take?

Patients receive three in-office treatments that are spaced ~3 weeks apart.

When will patients see results?

Most CO₂RE Intima patients feel and see improvement after the very first treatment, although the procedure calls for three treatments.

How long does it last?

After the third treatment, patients should expect to come back annually for a maintenance treatment.

Are there any limitations after the procedure is done?

Patients can return to normal activities after the procedure, but should refrain from sexual activity for 7 days. Your physician will advise you on a post-procedure regimen that is right for you.

Can CO₂RE Intima be used for Vaginal Laxity, Vaginal Relaxation Syndrome and Vaginal Rejuvenation?

Loss of vaginal sensation and tone can be a side effect of vaginal childbirth and aging. Over time, the vaginal wall and the entrance to the vaginal canal (Introitus), both which contain collagen fibers, can stretch and lose vaginal tissue tone and elasticity. The CO₂RE Intima laser treatment results in a remodeling of these tissue fibers, thereby restoring flexibility and shape.

Can CO₂RE Intima be used for the treatment of Vulvovaginal Atrophy (VVA)?

Due to the thinning and shrinking of the tissues, as well as decreased lubrication, symptoms that include dryness, irritation, soreness, and dyspareunia with urinary frequency, urgency, and urge incontinence can occur at any time in a woman's life cycle. The CO₂RE Intima laser treatment stimulates collagen synthesis and remodels the vaginal connective tissue fibers without damage to surrounding tissues, thus improving the VVA symptoms. It also enhances vaginal muscle tone, strength, and control and offers increased self-confidence and comfort.

Can CO₂RE Intima be used for modifying the appearance of the vaginal area?

The CO₂RE Intima laser treatment can remodel labial and vulvar tissue fibers, restoring flexibility and shape. The treatment can also address dyschromia and skin pigmentation resulting in improved skin texture and tone.

For which women is the CO₂RE Intima most suitable?

CO₂RE Intima is designed for women who want to relieve the signs of childbearing and aging in their vaginal area. This includes post childbearing and peri and menopausal women, women who desire enhancement in sexual functioning and a better sexual experience, women who seek vaginal cosmetic improvement and women who want to feel more confident about their feminine health.

Is this procedure safe for women with breast cancer?

As with any medical condition, you should discuss possible risks of treatment with your physician.

Is the CO₂RE Intima treatment right for me?

The CO₂RE Intima is appropriate for women, who are experiencing a change in their gynecologic wellness, or who want to improve their genital appearance. Speak to your physician to see if CO₂RE Intima is right for you.

How much will the procedure cost?

Patients should contact their healthcare professional for additional information on the procedure.

Will the procedure be covered by insurance?

The CO₂RE Intima treatments are currently not covered by managed care as no processing code has been established.

¹ Clinical Study, HM Montepincipe Hospital, Madrid, Spain, 2015

² Salvatore, S, et al. Histological study on the effects of microablative fractional CO₂ laser on atrophic vaginal tissue: an ex vivo study. Menopause. 2015, Jan 20. (Epub ahead of print).